



A teaching/Research-based Care Home in the City of Enlightenment – part 2

Jo Hockley RN PhD OBE, Scott A Murray MD FRCGP FRCPEd MBE

Primary Palliative Care Research Group

Centre for Population Health Sciences

The Usher Institute

Jo.hockley@ed.ac.uk








Acknowledgment of those who have supported the work of the Feasibility Study

- Scott Murray
- Rosemary Hector
- Jenni Harrison
- Helen Dougan
- Elaine Maclean
- Brendan McCormack
- Mary Marshall
- Susie Shenkin
- Marilyn Boggust
- Robin Balfour
- Shirley Fife
- Ann Hendry
- Guy Holloway
- Angela Kydd
- Donna Macleod
- Marian Randall
- Anne Vokes
- Julie Watson



Overview

- Report on the year's 'feasibility study' [Feb '16 – Feb '17] for a Teaching/Research-based Care Home Centre
 - Focused the vision
 - Tri-partite model of care
- What such a Centre might achieve?
- What next?
 - Partnership model

	FEASIBILITY STUDY:			
	for a Teaching/Research-based Care Home Centre of Clinical Excellence			
				



Tri-partite model of the Centre

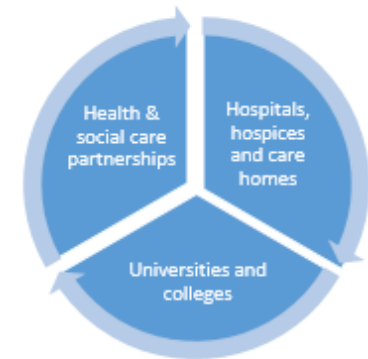
PURPOSE



DISCIPLINES



INVOLVEMENT



CO-PRODUCTION

Residents

Families

Community Engagement





Our 'dream care home' – RESIDENTS + FAMILIES

“En-suite facility in each room...”

“Dignity intact...”

“Happy staff...”

“More staff ...”

“Greater access to outside...”

“Fresh smelling...”

“More interaction with staff...”

“Music is important...”

“a place where I don't go home and worry about the care my wife is getting...”



Our 'dream care home' - STAFF

Better
trained
staff

“A care home that is in
partnership with the NHS
so skills and competencies
can be easily updated”

“Built around
residents’
needs: not a
‘one size fits
all’”

“More time to stimulate
residents and spend
quality time with
them...”

Residents that
feel occupied and
free to be
themselves



The Centre – a care village informed as a result of visits to Norway, The Netherlands, Australia, and CH organisations in the UK.....

- **HOUSEHOLDS** – medium/high dependency
 - 72 people – six HOUSEHOLDS each for 12 people
 - Frailty, dementia, distressed behaviour, respite/rehabilitation/‘Step Up Step Down’, emergency palliative care
 - Bistro
 - Venue for films/family occasions/public occasions, library and shop
- **APARTMENTS** – extra care/sheltered housing:
 - 58 people – one/two-bedroom flats to buy/rent
- **Day ‘hub’**
 - Day support for people with dementia and their families
 - Could ‘house’ care at home services such as the advanced dementia team
- **Dementia friendly architecture**
 - Light airy design and easy to find oneself around with ‘households’
 - Easy access to outside space:
 - ‘men’s shed’, chickens, greenhouse/vegetable plot, gazebo etc
 - Outside space to be near community hub so that people coming for ‘day care’ can be outside
 - Pets
- **Student accommodation – on-site**
- **Creche/Nursery – on-site**



Greater community engagement

<https://www.facebook.com/pointswest/videos/1308775542512882>



What the Centre might achieve - skill development

- Undergraduate + postgraduate level of interest
 - University of Edinburgh
 - Geriatric module
 - Dentistry/dental hygiene
 - GP training
 - Nursing
 - Edinburgh Napier University
 - Health and social care
 - Queen Margaret University
 - Nursing
 - Allied healthcare professionals
- Edinburgh Colleges
 - Many students working in care homes often do formal training in:
 - Nursing, para-medics, occupational therapy, physiotherapy



Potential QI initiatives & research in care homes – coordinated across the region

- Dementia
 - Pain assessment & management
 - Namaste
- Improving quality of life and end-of-life care
- Anticipatory care planning making a difference
- Leadership
- Polypharmacy and deprescribing
- Frailty
- Retention and recruitment of staff
- Telemedicine
- “Realistic Medicine” and Realistic Care
- Sustainability of quality improvement initiatives

What a Teaching/Research-based Care Village might achieve

- A sea-change in local public/professional perception of care homes
- Opportunity to support/work with 100+ care homes across Lothian in quality improvement initiatives and research
- Encourage a career pathway in care home work for health and social care professionals and so increase the workforce
- Encourage volunteerism in care of frail older people
 - including students who get reduced accommodation in return for 30hrs/month
- Greater m/disciplinary awareness in the care of frail older people
- Training area of a variety of student interests





What now?

- We have a 'green' light from City of Edinburgh IJB and we are currently securing a site for the new build
- How would it be financed?
 - Partnership model to include:
 - Health and social care + Universities (QMU, Edinburgh Napier, + UoE) + 'not-for-profit' CH organisation/s
- New advisory group to take work forward
 - Various strategy groups:
 - Finance/fund raising group
 - Community engagement group
 - Architecture & Care Facility group
 - Research/Quality Improvement group
 - Education/career pathway group
- Six 'satellite' care homes with nursing will be appointed across Lothian by Autumn '17
- Need for 2.5 FTE posts
 - to start the 'test of change' initiatives [i.e. student placements] in the satellite care homes across Lothian to coordinate the above
 - To coordinate the sub-groups above





We don't want to think about it - but let's face it, we will grow old.

Our bodies may fail us, our minds betray us.

But supposing we could grow old

...more on our own terms?

In a place where we can decide

...what is enough of an achievement each day.

Our day might include watching out for the children

Or spending time in the garden seeing things grow and smelling the herbs and freshly cut grass.

Being outside to feel the wind in our hair!

We might share a laugh with the students – students who come to learn from us

...the care we receive.

They see a place where we are valued

...where our families are welcomed

...where they seek our views to help improve care and share that across the region.

Every day, cared for by staff who know exactly what to do

...who are well led and supported to learn, and develop their practice

Living in a place we can grow old – somewhere we can be until the end

...on our own terms.



A place to inspire

A place to give

A place to rest

A place to love

A place to learn

A place to die

A place to grow

A place to connect

A place to be valued



Thank you
jo.hockley@ed.ac.uk

