



The University of Edinburgh

The Vision for a Teaching/Research-based Care Home

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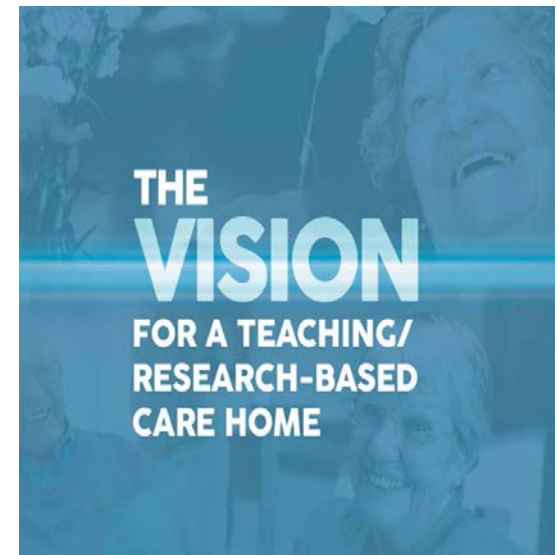
Overview

- Background of the vision of a Teaching/Research-based Care Home Centre
- What the Centre would look like
- The Centre's reach across the region



Background work completed for a Teaching/Research-based Care Home Centre

- Scoped the international literature
 - Teaching/research-based care homes [Jan-June '15]
- Visioning Day [July 2015]
 - Over 60 interested stakeholders
- Visited TNHs in Norway, The Netherlands, and Australia
- Feasibility Project
 - [funded by Astellas Pharma Feb '16 – Feb '17]
 - 10 tasks that included:
 - Issues of concern
 - Population to be served
 - Requirements for success
 - Site and facility requirements
 - Financial feasibility
 - Risks





Compelling issues for innovation

➤ Issues of concern

- People over 80+yrs is the fastest part of our UK population
 - In the City of Edinburgh it is predicted that those over the age of 90 years will increase by 108% by 2033 – with the greatest increase in NW locality.
- Care home residents now increasingly frail with multiple co-morbidities and increasing dependency
 - 80% of residents in care homes have diagnosis of dementia or severe memory loss
- 23% of UK population die in care homes – yet palliative and end of life care are not part of statutory training for care home staff
- Increasing pressure for external healthcare professionals to support to care homes
 - Care home workforce is overlooked compared with its NHS counterpart – lack of career structure
- High turnover of staff + difficulties in recruitment





Compelling issues for innovation

- **To address, locally, the professional and public perception of care homes**
 - Whilst in Scotland, 79% provide good care, 21% have been found at 'high risk' of providing poor care
 - Few students want to do placements in care homes
 - In our survey of Lothian care homes - a third of care homes had no student nurse placements
 - Nursing students at University of Edinburgh mostly do their 'care of older people' within acute wards.
 - Medical students do care home work as a way of getting into medical training
- **Most 'beds' in care of frail older people are outwith the NHS**
 - Three times the number of care home beds compared to 'all' NHS beds



The Centre – a care village informed as a result of visits to Norway, The Netherlands, Australia, and CH organisations in the UK.....

- **HOUSEHOLDS** – medium/high dependency
 - 72 people – six HOUSEHOLDS each for 12 people
 - Frailty, dementia, distressed behaviour, respite/rehabilitation/‘Step Up Step Down’, emergency palliative care
 - Bistro
 - Venue for films/family occasions/public occasions, library and shop
- **APARTMENTS** – extra care/sheltered housing:
 - 58 people – one/two-bedroom flats to buy/rent
- **Day ‘hub’**
 - Day support for people with dementia and their families
 - Could ‘house’ care at home services such as the advanced dementia team
- **Dementia friendly architecture**
 - Light airy design and easy to find oneself around with ‘households’
 - Easy access to outside space:
 - ‘men’s shed’, chickens, greenhouse/vegetable plot, gazebo etc
 - Outside space to be near community hub so that people coming for ‘day care’ can be outside
 - Pets
- **Student accommodation – on-site**
- **Creche/Nursery – on-site**



5 Core Objectives for the Centre:

- Excellent care provision
- Knowledge and skills development of staff
- Training of undergraduate and postgraduate students
- Research
- Community Engagement



Goal: to bring about a sea-change in local public/professional perception of care homes



Philosophy of Care

- Person-centred/relationship-based care overseen by a transformational leadership style
 - To give truly person-centred care and improve the *quality of life* of people in care homes we need more help – community engagement:
 - In The Netherlands, university students receive reduced cost accommodation in return for 30hrs/month helping in the care home
 - In Australia, student placements consist of multiple professions (not just nursing)
 - The UK as a good record of volunteering as we know from the hospice movement



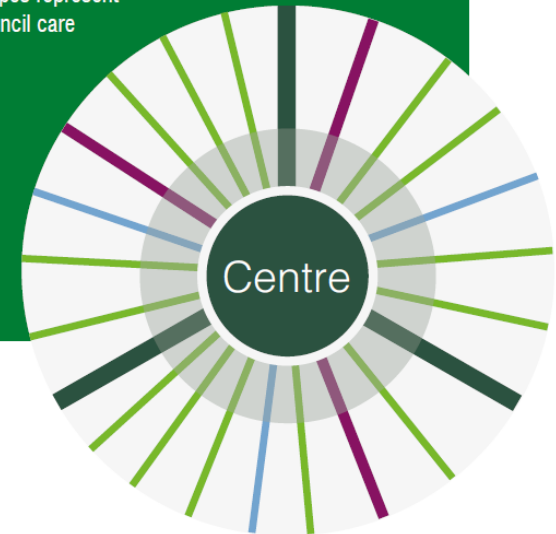


... 'not an isolated ivory tower'

but reaching out
across Lothian
to all 107 care homes
with local 'satellite
care homes' in each
health/social care
partnerships closely
associated with the
Centre

A prime role of the Centre, once established, will be to reach out to care homes across the region in a 'hub and spoke' model. Each health and social care partnership (represented by bold green stripes) will have one or more "satellite" care homes (represented by purple stripes) closely associated with the Centre. The satellite care homes will help to lead innovations/training locally. The other thinner stripes represent independent and council care homes.

The Centre
will not be an
'isolated ivory
tower'



" Realistic Care "



‘The significant problems we face
cannot be solved at the same level of
thinking we were at when we created
them’
(Einstein)