



Behavioural  
Research UK

# 2025

EQUALITY, DIVERSITY AND  
INCLUSION CALENDAR

**This calendar includes public holidays, holy days, religious festivals and academic term times. It is free to download and use with the caveat that some errors may exist.**

**The dates highlighted here are not exhaustive. They are a selection of diversity and inclusion dates that can help to ensure everyone feels included in the work place.**

**If you notice any errors or specific dates/events are missing that we should be aware of, please contact us by email to [enquiries@br-uk.ac.uk](mailto:enquiries@br-uk.ac.uk) to suggest amendments.**

**If you re-use our calendar (in this or an amended form) we would be grateful if you would reference us as a source material using <http://dx.doi.org/10.7488/era/5888>**

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# 1 2025

# JANUARY

Cervical Health Awareness Month  
Alcohol Change UK Dry January.  
Love your Liver Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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26	<div></div> <div></div> 27	28	<div></div> 29	30	31	



Public

- 1 New Year’s Day
- 2 Bank Holiday (Scotland only)

Cultural / Awareness

- 4 World Braille Day
- 24 International Day of Education
- 25 Burns' Night (Scotland)
- 27 Holocaust Memorial Day

Academic

- 6/13/27 Spring Term begins (actual dates vary with location)

Religious

- 1 Gantan-sai (Shinto)
- 6 Epiphany (Christian)
- 6 Guru Gobind Singh Jayanti (Sikh)
- 7 Feast of the Nativity (Orthodox Christian)
- 10 Mahayana New Year (Buddhism)
- 12 Baptism of Jesus (Catholic Christian)
- 13 Seijin no Hi (Shinto)
- 13 Lohri/Maghi (Hindu and Sikh)
- 14 Old New Year (Orthodox Christian)
- 14 Makar Sankranti (Hindu)
- 14 Mahayana New Year begins (ends 16th) \*\* (Buddhist)
- 14 Pongal begins (ends 17th) \*\* (Hindu)
- 18 Week of Prayer for Christian Unity (Christian)
- 19 Timkat (Ethiopian Orthodox Christian)
- 24 Tu B'Shevat (New Year for Trees) (Judaism)
- 25 Conversion of St Paul (Christian)
- 27 Lailat al-Miraj \* (Islam)
- 29 Lunar New Year (Confucian, Daoist & Buddhist)

\* Holy day - usually begins in the evening or at sunset of the previous day  
\*\* Date may vary because of religious customs

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**Cultural / Awareness**

1

World Hijab Day

1

World Interfaith Harmony Week begins (ends 7th)

3

UK Race Equality Week begins (ends 9th)

3

Children’s Mental Health Week begins (ends 9th)

4

World Cancer Day

6

Time to Talk Day

6

International Day of Zero Tolerance To Female Genital Mutilation

11

Safer Internet Day

11

International Day of Women And Girls In Science

14

Valentine’s Day

15

International Childhood Cancer Day

17

World Human Spirit Day

20

World Day of Social Justice

21

International Mother Language Day

**Religious**

1

Imbolc (Paganism and Wicca)

1

St Brigid's Day (Christian)

2

Vasant Panchami \*\* (Hindu, Sikh and Jain)

2

Zacchaeus Sunday (Orthodox Christian)

3

Setsubun-sai (Shinto)

9

Triodion begins (Orthodox Christian)

10

Guru Harrai Jayanti (Sikh)

11

Thaipusam \*\* (Hindu)

13

Magha Puja \*\* (Buddhist)

13

Tu BiShvat \* (Judaism)

14

Lailat al Bara’ah \* (Islam)

15

Nirvana Day (Buddhist)

16

Sunday of the Prodigal Son (Orthodox Christian)

22

Feast of the Chair of St Peter (Catholic Christian)

22

Saturday of Souls (Orthodox Christian)

23

Meatfare Sunday (Orthodox Christian)

25

8th Intercalary Days begin\* (Baha’i)

26

Maha Shivratri \*\* (Hindu)

28

Losar begins (Buddhist)

\* Holy day - usually begins in the evening or at sunset of the previous day

\*\* Date may vary because of religious customs



# FEBRUARY

National Heart Month  
LGBT+ History Month  
Reynaud’s Awareness Month

# 3 2025

# MARCH

[Bisexual Health Awareness Month](#)  
[Prostate Cancer Awareness Month](#)  
[Ovarian Cancer Awareness Month](#)  
[Endometriosis Action Month](#)

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Cultural / Awareness	Religious
<div><div></div> 1 Zero Discrimination Day</div>	<div><div></div> 2 Cheesefare Sunday (Orthodox Christian)</div>
<div><div></div> 1 International Wheelchair Day</div>	<div><div></div> 3 Great Lent begins (Orthodox Christian)</div>
<div><div></div> 1 St David's Day (Wales)</div>	<div><div></div> 4 Shrove Tuesday (Christian)</div>
<div><div></div> 3 World Hearing Day</div>	<div><div></div> 5 Ash Wednesday (Christian)</div>
<div><div></div> 4 World Obesity Day</div>	<div><div></div> 8 Saturday of Souls (Orthodox Christian)</div>
<div><div></div> 8 International Women's Day</div>	<div><div></div> 9 Feast of Orthodoxy (Orthodox Christian)</div>
<div><div></div> 17 St Patrick's Day (Ireland/Ni)</div>	<div><div></div> 13 Holika Dahan (Hindu)</div>
<div><div></div> 17 Neurodiversity Celebration Week begins (Ends 23rd)</div>	<div><div></div> 14 Nanakshahi (new year) (Sikh)</div>
<div><div></div> 20 Spring Equinox</div>	<div><div></div> 14 Purim *(Judaism)</div>
<div><div></div> 20 International Day of Happiness</div>	<div><div></div> 14 Hola Mohalla begins (ends 16<sup>th</sup>) (Sikh)</div>
<div><div></div> 21 International Day for the Elimination of Racial Discrimination</div>	<div><div></div> 15 Holi * (Hindu)</div>
<div><div></div> 21 World Down Syndrome Day</div>	<div><div></div> 19 Feast of St Joseph (Christian)</div>
<div><div></div> 25 International Day of Remembrance of The Victims of Slavery and the Transatlantic Slave Trade</div>	<div><div></div> 20 Ostara (Wicca and Pagan)</div>
<div><div></div> 30 Mother's Day</div>	<div><div></div> 20 Nowruz (New Year) (Persian and Zoroastrian)</div>
<div><div></div> 30 World Bipolar Day</div>	<div><div></div> 20 Naw-Rúz * (Bahá'í)</div>
<div><div></div> 31 International Trans Day of Visibility</div>	<div><div></div> 25 Annunciation to the Theotokos (Orthodox Christian)</div>
<div><div></div> 31 World Autism Acceptance Week Begins (Ends 6th April)</div>	<div><div></div> 25 Annunciation of the Virgin Mary (Christian)</div>
<div><div></div> 1 St David's Day (Christian)</div>	<div><div></div> 26 Khordad Sal (Zoroastrian)</div>
<div><div></div> 1 Nineteen-Day Fast Begins (Baha'i)</div>	<div><div></div> 26 Laylat al-Qadr ** (Islam)</div>
<div><div></div> 1 Saturday of Souls (Orthodox Christian)</div>	<div><div></div> 30 Chaitra Navratri begins (Hindu)</div>
<div><div></div> 1 Ramadan * Begins (Islam)</div>	<div><div></div> 30 Ugadi (New Year) (Hindu)</div>
	<div><div></div> 31 Eid al-Fitr * (Islam)</div>

\*Holy day - usually begins in the evening or at sunset of the previous day  
\*\* Date may vary because of religious customs

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**Public**

18 Good Friday (Public Holiday - UK)  
21 Easter Monday (Public Holiday - E, NI & W)

**Cultural / Awareness**

2 World Autism Awareness Day  
6 International Asexuality Day  
7 World Health Day  
8 International Romani Day  
22 Earth Day  
23 St George’s Day (England)  
26 Lesbian Visibility Day  
28 World Day

**Academic**

1 Spring Break begins (actual dates vary with location)  
14/21 Summer Term begins (actual dates vary with location)

**Religious**

4 Navpad Oli begins (Jain)  
6 Rama Navami (Hindu)  
10 Mahavir Janma Kalyanak (Jain)  
12 Hanuman Jayanti (Hindu)  
12 Lazarus Saturday (Orthodox Christian)  
13 Palm Sunday (Orthodox Christian)

13 Songkran (Thai New Year) (Buddhist)  
13 Theravada New Year begins (ends 15th)\*\* (Buddhist)  
13 Passover begins (ends 20th) \* (Judaism)  
14 Puthandu (Hindu)  
14 Vaisakhi (Hindu and Sikh)  
17 Maundy Thursday (Christian)  
18 Holy Friday Orthodox (Christian)  
18 Guru Tegh Bahadur Jayanti (Sikh)  
18 Good Friday (Christian)  
20 Easter Sunday (Christian)  
20 Pascha (Orthodox Christian)  
20 First day of Ridvan \* (Baha’i)  
20 Guru Arjun Dev Jayanti (Sikh)  
21 Easter Monday(Christian)  
21 Grounation Day (Rastafari)  
23 St George’s Day (Christian)  
24 Yom HaShoah \* (Judaism)  
25 Feast of St Mark the Evangelist (Catholic Christian)  
28 Ninth Day of Ridvan \* (Baha’i)  
28 Guru Angad Dev Jayanti (Sikh)  
30 Saint James the Great’s Day (Orthodox Christian)  
30 Akshaya Tritiya (Hindu and Jain)  
30 Yom HaZikaron \* (Judaism)

\* Holy day - usually begins in the evening or at sunset of the previous day  
\*\* Date may vary because of religious customs

4

2025

APRIL

- [Autism Acceptance Month](#)

[Stress Awareness Month](#)

[Bowel Cancer Awareness Month](#)

[Parkinson’s Awareness Month](#)

2025

5

MAY

[Action on Stroke Month](#)  
[UK National Walking Month](#)  
[Celiac Awareness Month](#)

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Public Holiday

- 5 Early May Bank Holiday (UK)
- 26 Spring Bank Holiday (UK)

Cultural / Awareness

- 4 International Family Equality Day
- 5 Deaf Awareness Week begins (ends 11th)
- 8 World Red Cross and Red Crescent Day
- 12 Coeliac UK Awareness Week begins (ends 18th)
- 12 Mental Health Awareness Week begins (ends 18th)
- 15 International Day of Families
- 15 Global Accessibility Awareness Day
- 17 International Day Against Homophobia, Transphobia and Biphobia
- 21 World Day for Cultural Diversity for Dialogue
- 22 International Day for Biological Diversity
- 24 Pansexual Visibility Day

Religious

- 1 Beltane \* (Wicca and Pagan)
- 1 Yom Ha'Atzmaut \* (Judaism)
- 1 Twelfth Day of Ridvan \* (Baha'i)
- 3 Feast of St Philip and St James (Catholic Christian)
- 11 Guru Amar Das Jayanti (Sikh)
- 12 Vesak (Buddha's Birthday) (Buddhism)
- 14 Feast of saint Matthias (Catholic Christian)
- 16 Lag BaOmer \* (Judaism)
- 23 Declaration of the Báb \* (Baha'i)
- 26 Yom Yerushalayim \* (Judaism)
- 28 Ascension of Baha'u'llah \* (Baha'i)
- 29 Feast of the Ascension (Christian)
- 31 Visitation of the Blessed Virgin Mary (Catholic Christian)

\* Holy day - usually begins in the evening or at sunset of the previous day



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- Cultural / Awareness**
- 4

International Day of Innocent Children Victims of Aggression
- 8

Race Unity Day
- 9

Men’s Health Week begins (ends 15th)
- 12

World Day Against Child Labour
- 14

Global Wellness Day
- 15

World Elder Abuse Awareness Day
- 15

Father’s Day
- 15

Refugee Week begins (ends 21st)
- 16

Stillbirth & Neonatal Death Awareness Week
- 18

Autistic Pride Day
- 20

World Refugee Day
- 21

Summer Solstice
- 22

UK Windrush Day
- Academic**
- 13/20

Summer Term ends (actual dates vary with location)

- Religious**
- 1-2

Shavuot (Judaism)
- 5

Hajj begins (ends 9<sup>th</sup>)\* (Islam)
- 6

Waqf al Arafa \* (Islam)
- 7

Saturday of Souls (Orthodox Christian)
- 7

Eid al-Adha (Festival of Sacrifice) (Islam)
- 8

Pentecost (Whitsun) (Christian)
- 12

Guru Hargobind Jayanti (Sikh)
- 15

Eid al-Ghadir \* (Islam)
- 15

Trinity Sunday (Christian)
- 16

The apostles’ fast begins (Orthodox Christian)
- 16

Martyrdom of Guru Arjan Dev (Sikh)
- 19

The feast of Corpus Christi (Catholic Christian)
- 21

Litha (Summer Solstice) (Paganism and Wicca)
- 24

Nativity of saint John the Baptist (Christian)
- 27

Islamic new year (1st Muharram 1447)\* (Islam)
- 27

Feast of the sacred heart of Jesus (Catholic Christian)
- 29

Feast of St Peter and St Paul (Christian)

\* Holy day - usually begins in the evening or at sunset of the previous day



JUNE

Motor Neurone Disease Awareness Month  
LGBT Pride Month  
Gipsy, Roma and Traveller History Month



2025

JULY

UV Safety Month

Make a Difference to Children Month

International Women with Alopecia Month

Disability Pride Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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27	28	29	30	31		



**Public Holiday**

12 Battle of the Boyne (NI only)



**Cultural / Awareness**

14 International Non-Binary People's Day  
18 Nelson Mandela International Day  
18 South Asian Heritage Month begins (ends 17 Aug)  
28 World Hepatitis Day



**Academic**

1 Summer Break begins (actual dates vary)



**Religious**

3 Feast of the St Thomas the Apostle (Christian)  
6 Ashura \* (Islam)  
9 Martyrdom of the Báb (Baha'i)  
10 Asalha Puja (Dharma Day) (Buddhist)  
15 Saint Vladimir the Great Day (Orthodox Christian)  
19 Guru Har Krishan Jayanti (Sikh)  
22 Feast of St Mary Magdalene (Christian)  
23 Birthday of Emperor Haile Selassie (Rastafari)  
24 Pioneer Day (Mormon Christian)  
25 St James the Great's Day (Christian)  
29 New Year (Islam)

\* Holy day - usually begins in the evening or at sunset of the previous day

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31						



Public Holiday

- 4
- Summer Bank Holiday (Scotland)
- 25
- Summer Bank Holiday (England, Wales & NI)



Cultural / Awareness

- 9
- International Day of The World’s Indigenous People
- 19
- World Humanitarian Day
- 22
- International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief
- 23
- International Day for The Remembrance of The Slave Trade and Its Abolition



Religious

- 1
- Lammas (Christian)
- 1
- Lughnasadh (Wicca and Pagan)
- 3
- Tish’a B’av \* (Judaism)
- 6
- Feast of Transfiguration (Christian
- 6
- Transfiguration of the Lord (Orthodox Christian)



Religious

- 8
- Ashura (Islam)
- 9
- Raksha Bandhan (Hinduism)
- 9
- The 15th of Av \* (Judaism)
- 10
- Feast of St Lawrence (Christian)
- 13
- Obon begins (ends 15<sup>th</sup>) \*\* (Buddhist)
- 15
- Krishna Janmashtami (Hinduism)
- 15
- Feast of the Dormition (Orthodox Christian)
- 15
- Arba’een \* (Islam)
- 15
- Assumption of Mary (Catholic Christian)
- 16
- Krishna Janmashtami \*\* (Hindu)
- 21
- Paryushana Parvarambha begins (ends 28<sup>th</sup>) \*\* (Jain)
- 22
- Feast of the Queenship of Mary (Catholic Christian)
- 24
- Feast of St Bartholomew the Apostle (Christian)
- 24
- Guru Grinth Sahib Jayanti( Sikh)
- 27
- Ganesh Chaturthi (Hindu)
- 28
- Samvatsari (Jain)
- 29
- Beheading of St John the Baptist (Christian)

\* Holy day - usually begins in the evening or at sunset of the previous day

\*\* Date may vary because of religious customs



AUGUST

Muscular Atrophy Awareness Month

2025

SEPTEMBER

Sickle Cell Awareness Month  
East and South East Asian Heritage Month  
World Alzheimer’s Month

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28	29	30				

- Cultural / Awareness**

  - 10 World Suicide Prevention Day
  - 18 International Equal Pay Day
  - 21 World Alzheimer’s Day
  - 22 Autumn Equinox
  - 22 UK National Inclusion Week begins (ends 28th)
  - 23 Bi Visibility Day
  - 23 International Day of Sign languages
- Academic**

  - 22 Autumn Term begins (dates vary with location)

- Religious**

  - 1 Ecclesiastical Year begins (Orthodox Christian)
  - 5 Mawlid al-Nabi \* (Islam)
  - 6 Anant Chaturdashi \*\* (Hindu)
  - 8 Feast of the Birth of the Virgin Mary (Christian)
  - 8 Nativity of the Theotokos (Orthodox Christian)
  - 14 Feast of the Cross (Christian)
  - 21 Feast of St Matthew (Christian)
  - 22 Mabon (Wicca and Pagan)
  - 22 Sharada Navaratri begins (ends Oct 2<sup>nd</sup>) \*\* (Hindu)
  - 23 Mabon (Autumn Equinox) (Paganism and Wicca)
  - 23-24 Rosh Hashanah \* (Judaism)
  - 25 Fast of Gedaliah (Judaism)
  - 27 Meskel Ethiopian (Orthodox Christian)
  - 29 Feast of St Michael and All Angels (Christian)

\* Holy day - usually begins in the evening or at sunset of the previous day

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- Cultural / Awareness**
- 1

Anniversary Of The Introduction Of The Equality Act
- 1

International Day Of Older Persons
- 6

Moon Festival - China
- 9

World Sight Day
- 10

World Mental Health Day
- 11

International Day Of The Girl Child
- 11

National Coming Out Day
- 13

Canadian Thanksgiving
- 15

International Day Of Rural Women
- 15

International Pronouns Day
- 17

International Day For The Eradication Of Poverty
- 17

Show Racism The Red Card's Wear Red Day
- 18

Anti-Slavery Day
- 18

World Menopause Day
- 26

Intersex Awareness Day

- Religious**
- 2

Feast of the Guardian Angels (Catholic Christian)
- 2

Dussehra \*\* (Hindu)
- 2

Yom Kippur \* (Judaism)
- 4

Feast of St Francis of Assisi (Christian)
- 6

Sukkot begins (ends 13<sup>th</sup>) \* (Judaism)
- 8

Guru Ram Das Jayanti (Sikh)
- 10

Karva Chauth (Hindu)
- 14

Shemini Atzeret \* (Judaism)
- 15

Simchat Torah \* (Judaism)
- 18

Feast of saint Luke (Christian)
- 20

Installation of the Guru Granth (Sikh)
- 21

Bandi Chhor Divas (Sikh)
- 21

Diwali \*\* (Hindu, Sikh and Jain)
- 22

Rosh Hashanah (Jewish New Year) (Judiasm)
- 22

Birth of the Báb \*( Baha'i)
- 23

Birth of Baha'u'llah \*( Baha'i)
- 27

Chhath Puja (Hindu)
- 28

Feast of St Simon and St Jude (Christian)
- 31

Samhain (Paganism and Wicca)
- 31

All Hallows' Eve (Christian)
- 31

Reformation Day (Protestant Christian)

\* Holy day - usually begins in the evening or at sunset of the previous day  
\*\* Date may vary because of religious customs

10

2025

OCTOBER

[Breast Cancer Awareness Month](#)

[Down Syndrome Awareness Month](#)

[Black History Month \(UK](#)

[Global Diversity Awareness Month](#)

[Menopause Awareness Month](#)

# 11 2025

# NOVEMBER

[Lung Cancer Awareness Month](#)  
[Pancreatic Cancer Awareness Month](#)  
[Islamophobia Awareness Month](#)  
[Movember Men’s Health Awareness Month](#)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<div></div> 1
<div></div> 2	3	4	<div></div> 5	6	7	<div></div> 8
<div></div> <div></div> 9	10	<div></div> 11	12	<div></div> 13	<div></div> 14	<div></div> 15
<div></div> 16	17	18	<div></div> 19	<div></div> 20	<div></div> 21	22
<div></div> 23	<div></div> 24	<div></div> <div></div> 25	26	<div></div> <div></div> 27	28	29
<div></div> <div></div> 30						



**Public Holiday**

30 St. Andrew's Day (Scotland only)

**Cultural / Awareness**

8 Intersex Day of Solidarity  
9 Remembrance Sunday  
11 Armistice Day  
13 World Kindness Day  
13 Transgender Awareness Week begins (ends 19th)  
14 Disability History Month begins (ends Dec 20)  
16 International Day for Tolerance  
19 International Men’s Day  
20 World Children’s Day  
20 Transgender Day of Remembrance  
25 International Day for The Elimination of  
Violence Against Women  
27 American Thanksgiving

**Religious**

1 Feast of All Saints (Christian)  
1 Samhain \* (Wicca and Pagan)  
2 All Souls’ Day (Christian)  
2 Coronation of Emperor Haile Selassie I (Rastafari)  
5 Guru Nanak Dev Jayanti( Sikh)  
9 Feast of The Dedication of The Archbasilica (Catholic Christian)  
15 Nativity Fast Begins (Orthodox Christian)  
21 Presentation of The Theotokos( Orthodox Christian)  
23 Feast of Christ the King (Christian)  
24 Martyrdom of Guru Tegh Bahadur (Sikh)  
25 Day pf The Covenant \*( Baha’i)  
27 Ascension of Abdu’l-Bahá \* (Baha’i)  
30 Advent Sunday (Christian)

\* Holy day - usually begins in the evening or at sunset of the previous day

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<div><div></div><div></div></div> 1	<div><div></div></div> 2	<div><div></div></div> 3	4	5	<div><div></div></div> 6
7	<div><div></div></div> 8	9	<div><div></div></div> 10	11	<div><div></div></div> 12	13
<div><div></div></div> 14	<div><div></div></div> 15	<div><div></div></div> 16	17	<div><div></div></div> 18	19	20
<div><div></div><div></div></div> 21	22	23	<div><div></div></div> 24	<div><div></div><div></div></div> 25	<div><div></div><div></div><div></div></div> 26	<div><div></div></div> 27
<div><div></div></div> 28	29	30	<div><div></div><div></div></div> 31			



- Public**

25 Christmas Day

26 Boxing Day

31 New Year’s Eve/Hogmanay
- Cultural / Awareness**

1 World Aids Day

2 International Day for The Abolition of Slavery

3 International Day of Persons with Disabilities

10 Human Rights Day

18 International Migrants’ Day

20 International Human Solidarity Day

21 Winter Solstice

26 Kwanzaa (until Jan 1)
- Academic**

12 Autumn Term ends (local dates may vary)
- Religious**

1 Gita Jayanti (Hindu)

6 Feast of St Nicholas (Christian)

8 Feast of the immaculate conception (Catholic Christian)

8 Rohatsu (Bodhi day)( Buddhist)

12 Feast of our lady of Guadalupe (Catholic Christian)

15 Dhanu Sankranti \*\* (Hindu)

15 Hanukkah begins (ends 22nd) \* (Judiasm)

16 Las Posadas starts (Catholic Christian)

21 Yule (Wicca and Pagan)

24 Christmas Eve (Christian)

25 Christmas Day (Christian)

25 Feast of the Nativity of our Lord (Orthodox Christian)

26 Boxing Day (St. Stephen’s Day) (Christian)

26 Zartosht no-diso (Zoroastrian)

27 Guru Gobind Singh Jayanti (Sikh)

28 Holy Innocents’ Day (Christian)

28 Feast of the Holy Family (Catholic Christian)

31 Watch Night (Christian)

\* Holy day - usually begins in the evening or at sunset of the previous day  
\*\* Date may vary because of religious customs

# 122025

# DECEMBER

Universal Month for Human Rights  
AIDS Awareness Month



**Behavioural  
Research UK**

[www.br-uk.ac.uk](http://www.br-uk.ac.uk)