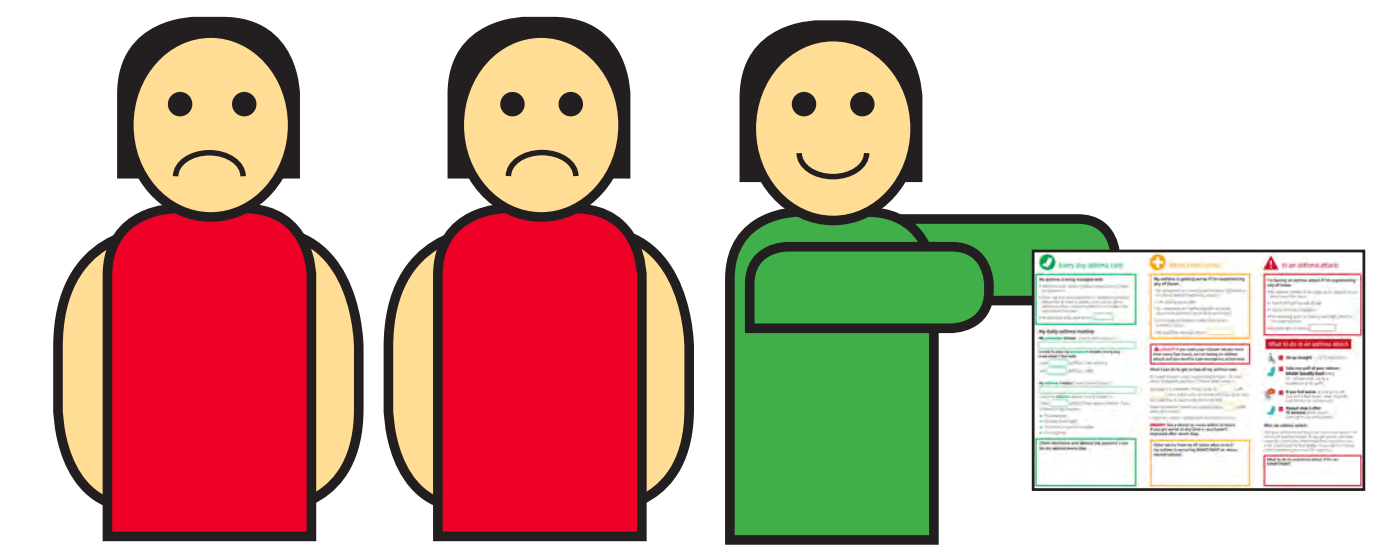




IMPlémenting IMProved Asthma self-management as RouTine

Asthma causes **6.3 million** GP consultations a year, and **60,000** hospital admissions.
Supported self-management for asthma reduces attacks and improves asthma control.

BUT...



Only **1 in 3** people with asthma in the UK has an asthma action plan.



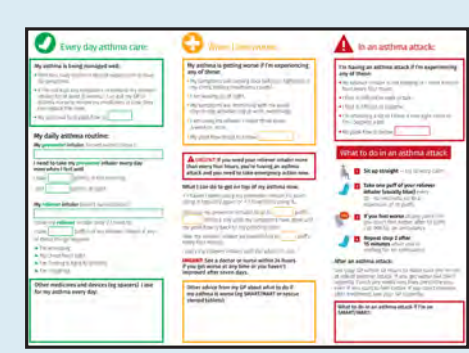
Asthma UK Centre for Applied Research



A UK-wide team from the Asthma UK Centre for Applied Research is developing the **IMP²ART** 3-level implementation strategy...

1

Providing appropriate patient resources



2

Developing professional skills



3

Influencing organisational priorities and routines



...tested in a UK-wide randomised controlled trial.

144 GP practices allocated by chance to IMP²ART or usual care.



USUAL CARE

IMP²ART

Did IMP²ART work?

- Did it increase the number of action plans provided?
- Did IMP²ART reduce unscheduled care?

How much did it cost?

How did it work?



@IMP2ART

For more information contact imp2art@ed.ac.uk or see our website

www.edin.ac.uk/aucar-imp2art

