



THE UNIVERSITY
of EDINBURGH

Usher
institute

Anticipatory Care Planning (ACP) in Primary Care

1

SCREEN PATIENT RECORDS

Find people who can benefit from care planning and/or other assessments of their health and care needs.

2

IDENTIFY PEOPLE & PREPARE

GP, nurse or team review - identify and prioritise people for a care planning meeting. Involve people who know the person.

3

DISCUSS FUTURE CARE

Conversations with a person (and family) about what matters to them and what we all need to know to be prepared.

4

RECORD, SHARE, PLAN REVIEW

Complete records - e.g. Key Information Summary
Talk about sharing information and reviewing plans.

ACP = *Let's plan ahead for changes in my health*

<https://ihub.scot/acp>

www.nhsinform.scot/acp

4-ACP STUDY