

Learning Resources for Palliative Care

Quick Reference	
Palliative Care Guidelines	http://www.palliativecareguidelines.scot.nhs.uk/ Guidelines used within NHS Tayside. Practical outline for prescribing including morphine equivalent doses*
Palliativedrugs.com	http://www.palliativedrugs.com/ Detailed information on symptom management in palliative patients The bookshop feature is also worth exploring
Palliative Care Matters	http://www.pallcare.info/ Particularly useful for accessing an online syringe driver compatibility database
Palliative Care Formulary 3	http://www.palliativedrugs.com/palliative-care-formulary.html Excellent companion to the BNF with authoritative information on dosages
Symptom Management in Advanced Cancer	Twycross, T. Wilcock, A. Stark Toller, C. "Symptom Management in Advanced Cancer" 4 th Edition available from http://www.palliativebooks.com/index.php?act=viewProd&productId=280 A very helpful outline of complex palliative symptom management

Reference	
Oxford Textbook of Palliative Medicine	Doyle, D. Hanks, G. Cherny, N. Calman, K. Ed. "Oxford Textbook of Palliative Medicine" 3 rd Edition Main reference text of palliative medicine

e-Learning Resources	
e-Learning for End of Life Care	http://www.e-lfh.org.uk/projects/e-elca/index.html Department of Health in England – useful FREE tutorials around palliative symptom management
CLIP e-learning resource	http://www.helpthehospices.org.uk/clip/index.htm FREE e-learning tutorials
BMJ Learning	http://learning.bmj.com/learning/main.html Useful modules available free to BMJ members
Pain management	http://www.change-pain.co.uk/ Sponsored by Grunenthal useful tutorials dealing with aspects of pain management with primary care focus

Assessment and management of cancer pain	http://www.painresearch.utah.edu/cancerpain/ American site with useful resources
The Knowledge Network	http://www.knowledge.scot.nhs.uk/home.aspx Previously the e-Library – has a wide variety of evidence-based resources including access to useful journals. http://www.knowledge.scot.nhs.uk/palliativeeducation This link takes you to specific palliative focused resources.
General Medical Council	http://www.gmc-uk.org/guidance/case_studies/7315.asp Interactive cases illustrating the ethical issues involved in end-of-life care. No log-on is necessary so can be accessed even by non-medical staff. http://www.gmc-uk.org/guidance/ethical_guidance/7497.asp Interactive learning materials relating to confidentiality.
EPEC	http://epec.net/EPEC/Webpages/index.cfm Us site for online learning in palliative care – requires a fee
PPC4U Australian interactive site for undergraduates	http://www.pcc4ulearningresource.org/principles/death-a-dying/activity-1 Free to access with a wide range of international resource links and interactive study modules
End of Life Journal	http://endoflifejournal.stchristophers.org.uk/ Free quarterly e-journal with an emphasis on palliative nursing issues

National Initiatives	
Living & Dying Well – A national action plan for palliative and end of life care	http://www.scotland.gov.uk/Topics/Health/NHS-Scotland/LivingandDyingWell Details of the national document and the resultant recommendation of the short-life working groups
NHS Education for Scotland Workbased Education Resources	www.palliativecareinpractice.nes.scot.nhs.uk Site with links to nationally adopted palliative tools
Liverpool Care Pathway	http://www.liv.ac.uk/mcpcil/liverpool-care-pathway/ A care pathway aiming to improve care of the dying patient suitable for all settings
Gold Standards Framework	http://www.goldstandardsframework.nhs.uk/ Evidence based care guidelines aimed at community settings

National DNA CPR guidance	http://www.scotland.gov.uk/Topics/Health/NHS-Scotland/LivingandDyingWell/ShortLifeGroups/-DNACPR Active throughout Scotland from Oct 10
Emergency Care Summary	http://www.ecs.scot.nhs.uk/index.php/epcs-palliative-care Being rolled out in 2011 to replace faxed information OOH and building towards Anticipatory Care Plans.
Electronic Palliative Care Summary	http://www.scotland.gov.uk/Publications/2010/04/13104128/2 A national initiative to improve communication between teams and OOH

Associations of interest	
Association of Palliative Medicine	http://www.palliative-medicine.org/ An association of doctors working in hospices and specialist palliative care units. Membership fee but this includes hard copies of Palliative Medicine Journal
Help the Hospices	http://www.helpthehospices.org.uk/welcome/ The leading charity supporting hospice care in the UK. http://www.helpthehospices.org.uk/our-services/running-your-hospice/education-training/ Has useful links to courses and conferences and e-learning opportunities.
International Observatory for End of Life Care	http://www.lancs.ac.uk/shm/research/ioelc/index.php Academic site with clinical and social science expertise collating and coordinating international research, education and advocacy for end of life care
International resources	http://www.hospicecare.com/resources/pain-research.htm