



What's new in ICU?

An informative day for AHPs and Nurses

Friday 24th May 2024

John McIntyre Conference Centre,
Pollock Halls, Edinburgh

Topics Include:

**PREHABILITATION + ECMO NURSING + CRITICAL CARE FOR
TRANSGENDER PATIENTS + EARLY LARYNGEAL REHAB +
SETTING UP AN ICU GARDEN + CHEST AUSCULTATION
TECHNIQUES + GREENER INTENSIVE CARE + USING LUNG
ULTRASOUND + MDT CRITICAL CARE RECOVERY SERVICE +
VIRTUAL REALITY FOR CRITICAL CARE PATIENTS + THE ROLE OF
AN ARMY RESERVE NURSE + ANIMAL ASSISTED INTERVENTION**



REVALIDATION

Welcome

We look forward to welcoming you to the 12th Annual Edinburgh Critical Care Research Group (ECCRG) study day. The aim of the day is to explore key topics encountered in clinical practice by reviewing current Critical Care practice and research.

This will be an educational and interactive day for AHPs and Nurses directly involved in providing care for critically ill patients.

Cloakroom

Cloakroom facilities and bag drop are provided in main reception area

Refreshments

All refreshments will be provided in Pentland East alongside our trade exhibitors

Tutorial Choices

Please find your name on the tutorial choices which will be available beside the registration desks at first break, this will let you know which tutorial you are in and the breakout room name

Breakout Rooms

The breakout rooms are to the rear of the John McIntyre Conference Centre and all are signposted

Sponsors

Our supporting / sponsoring organisations are listed on the back of this programme. Please take the time to visit their stands in Pentland East

'Win your registration fee' competition

You will have the chance to 'Win your registration fee' back in our competition which is held with help from our trade exhibitors in Pentland East. All details will be fully explained in the welcome talk. Please ensure you have a 'Win your registration form' to allow you to participate.

Friday 24th May

08:40 - 09:20 Registration/Coffee

Session 1 (09.20 - 10.40)

Pentland East

09.20	Welcome	David Hope
09.25	Prehabilitation before surgery	Lisa Salisbury / Alison Kelly <i>Physiotherapists Queen Margaret University</i>
09.50	The Role of the ECMO Specialist Nurse	Benjamin Fryer <i>Charge Nurse – ECMO, Guy's and St Thomas' NHS Foundation Trust</i>
10.15	Critical Care for Transgender Patients	Stuart Edwardson <i>Specialty Registrar in Anaes- thesia and Intensive Care Med-</i>

10:40 - 11.15 Tea/Coffee & Trade Exhibition - Pentland West

Session 2 (11.15 - 12.05)

Pentland East

11.15	Early laryngeal rehabilitation in ICU – options and benefits for humanisation of care	Sarah Wallace OBE FRCSLT <i>Consultant Speech and Language Therapist (critical care), Wythenshawe Hospital</i>
11.40	Better out than in? The FRESHAIR Trial - ICU Garden Research	Dr Phil Hopkins <i>Hon Senior Lecturer in Intensive Care Medicine, King's College London</i>

12.05–13.15 Lunch & Trade Exhibition - Pentland West

Please take time to visit the trade stands to be in with a chance to 'Win your registration fee'

Friday 24th May

Afternoon Sessions (13.15–13.55 & 14:00–14:40 Tutorials)

<p><i>Greener intensive care to improve environmental sustainability</i></p> <p>Hospitals have a significantly large carbon footprint causing ecological damage, which mainly comes from the production, consumption and waste management associated with healthcare supplies. This workshop will explore how caring for critically ill patients can be 'greener' for improved environmental sustainability of intensive care units along with financial savings as a co-benefit. Further educational resources and information about sustainable</p>	Rhea Conn	<i>Duddingston Room</i>
<p>Chest Auscultation Techniques</p> <p>Having knowledge of chest auscultation and what different clinical findings could mean can help you to optimise your patient care by good positioning and different interventions. This tutorial session will go over how to examine the chest and create a differential diagnosis from clinical findings.</p>	Amber Kennedy	<i>Holyrood Room</i>
<p><i>Lung Ultrasound Workshop</i></p> <p>Point of Care Ultrasound (PoCUS) continues to grow rapidly within healthcare, especially in ICU. Lung ultrasound (LUS) is an imaging modality available to almost all members of the MDT, and can easily help identify the pathologies most likely to affect your critically ill patients. This workshop aims to introduce attendees to how a LUS scan is performed and what it can show. Clinical examples of the ways in which LUS can easily alter patient management or monitor their response to interventions, will be presented and discussed</p>	Simon Hayward & Nicola Williams	<i>Salisbury Room</i>
<p><i>Multi-Disciplinary working in Critical Care Recovery</i></p> <p>Survivors of critical illness have high rehabilitation requirements across multiple domains. Our critical care recovery service delivers a comprehensive, co-ordinated rehabilitation pathway for all ICU survivors, which is person-centred, holistic and focuses limited resources where they are most required. Come and hear more about the importance of multi-disciplinary working for ICU survivors, and work through a case study with us to highlight the importance of post ICU rehabilitation.</p>	NHS Lothian Critical Care Recovery Team	<i>Pentland East</i>

14.40–15.10 Coffee & Trade Exhibition—Pentland West

Session 3 (15.10 - 16.30)

Pentland East

15.10	Virtual Reality in the Intensive Care Unit	<p><i>Ceri Lynch</i> <i>Consultant in Anaesthetics and Intensive Care Medicine, Royal Glamorgan Hospital</i></p>
15.35	Nursing in Austere Environments-The role of an Army Reserve Nurse	<p><i>Col Helen Singh MBE</i> <i>QARANC Senior Nurse Army Reserve</i></p>
16:00	Humanising the ICU with Animal Assisted Intervention	<p><i>Sarah Anderson</i> <i>Volunteer Coordinator, Pets as Therapy & Maggie, ICU PAT dog</i></p>
16.25	Close	<p><i>David Hope</i></p>

Feedback and Certificate of Attendance

We would really like your feedback on this year's course.

To obtain your CPD certificate / certificate of attendance please go to :

<https://edin.ac/43WlgMK>

The feedback form will only takes a few minutes to fill-in and once complete your certificate of attendance will be available to print at the end of the form.

If you do not receive your Certificate of Attendance, please contact
dawn.campbell@ed.ac.uk

***Please recycle your name badges
in the box provided at registration
when leaving.***

Thank you for coming, we hope you
enjoyed your day.

We hope to see you next year!

SPEAKERS

Sarah Anderson	Volunteer Coordinator Pets as Therapy & Maggie, ICU PAT dog
Rhea Conn	Critical Care Senior Sister and Chief Sustainability Officer's Clinical Fellow 23/24
Stuart Edwardson	Specialty Registrar in Anaesthesia, and Intensive Care Medicine NHS Lothian
Benjamin Fryer	Charge Nurse – ECMO Guy's and St Thomas' NHS Foundation Trust
Simon Hayward	Practice Development Physiotherapist in Lung Ultrasound Blackpool Teaching Hospital
Phil Hopkins	Hon Senior Lecturer in Intensive Care Medicine, King's College London
Alison Kelly	Physiotherapist Queen Margaret University
Amber Kennedy	Advanced Critical Care Practitioner NHS Lothian
Ceri Lynch	Consultant in Anaesthetics and Intensive Care Medicine Royal Glamorgan Hospital
NHS Critical Care Recovery Team	NHS Lothian
Lisa Salisbury	Physiotherapist Queen Margaret University
Helen Singh	Advanced Critical Care Practitioner & Chief Nurse Army Reserve
Sarah Wallace	Consultant Speech and Language Therapist (Critical Care) Wythenshaw Hospital
Nicola Williams	Physiotherapy Practitioner Blackpool Teaching Hospital

WIFI

Eduroam is available for those with access.

Getting Online

Enable Wi-Fi on your device and connect to 'Visit-Ed' Network

Registration page will open

Either enter the Passcode 636-UOEHospitality24 or use SMS or a Social Media account to connect

Social Media

To see the latest news and comments on X from the meeting and to join in discussion please use: @EdCriticalCare

Website - <https://edin.ac/3Rkxv14>

Further events

Further courses and conferences that are run through our department can be found at:

<http://edin.ac/2qWf7i4>

Useful Local Information

Central Taxis 0131 229 2468 / City Cabs 0131 228 1211

There is a taxi rank beside the gatehouse at the main entrance to

**Edinburgh Waverley
Train Station**

<https://www.scotrail.co.uk>



Edinburgh Airport

<https://www.edinburghairport.com>



The study day is being supported by educational grants
from our trade sponsors

There will be a number of trade exhibitors present.
We would encourage you to visit them during the day.

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